

2026 Principles of GI for the NP and PA

Aug. 28-30, 2026

Chicago, IL

Friday Aug. 28

Session 1

8:25 a.m.	Course Welcome
8:30 a.m.	Beyond the Burn: Evolving Strategies for GERD Management <i>Monica Nandwani</i>
9 a.m.	Barrett's Esophagus and Eosinophilic Esophagitis <i>Daniela Jodorkovsky</i>
9:30 a.m.	Break
9:50 a.m.	Esophageal Dysmotility & Basics of Esophageal Manometry <i>Yi Qin</i>
10:20 a.m.	Celiac Disease and Non-IBD Diarrheal Disorders <i>Tedra Gray</i>
10:50 a.m.	Functional Dyspepsia & Gastroparesis <i>Kyle Staller</i>
11:20 a.m.	Nutritional Approaches for FGIDs <i>Kelly Issokson</i>
Noon	Lunch

Session 2

1:05 p.m.	Chronic Constipation <i>Kyle Staller</i>
1:35 p.m.	Approach to Bloating <i>Amy Stewart</i>
2:05 p.m.	Approach to Abnormal Liver Enzymes <i>HoChong Gilles</i>
2:35 p.m.	Break
2:55 p.m.	Selecting and Deciphering Imaging <i>Shawna Sullivan</i>

- 3:25 p.m. Peri-Procedure Management
Yi Qin
- 3:55 p.m. Psychological Therapies for the Gastroenterology Patient: Behavioral Health Approaches to GI Disorders
Sarah Kinsinger
- 4:25 p.m. Friday Top 10 Countdown

Saturday, Aug. 29

Session 3

- 8:25 a.m. Course Welcome
- 8:30 a.m. Weight Management & Endobariatrics
Roberto Simons-Linares
- 9 a.m. Identifying GI Side Effects from Non-GI Drugs
David Choi
- 9:30 a.m. MASLD
Allison Moser
- 10:10 a.m. Break

Session 4 - Saturday Breakouts

Breakout A

- 10:25 a.m. Cirrhosis Management
Allison Moser
- 11:05 a.m. Autoimmune Liver Disease
Alyson Fox
- 11:45 a.m. Liver Transplantation
Alyson Fox

Breakout B

- 10:25 a.m. Pancreatic Potpourri
Shawna Sullivan
- 11:05 a.m. AI for Risk Stratification and Early Detection of GI Cancers
Sarah Enslin
- 11:45 a.m. Interventional Procedures for the Non-Interventionalist
Roberto Simons-Linares

12:20 p.m. Lunch

Session 5

1:25 p.m. Anorectal Exam and Pathology
Amy Stewart

1:55 p.m. Colon Cancer Screening
Sonia Kupfer

2:25 p.m. Medication Authorization Process
David Choi

2:55 p.m. Break

3:15 p.m. Leadership Pearls & Preventing Burnout
Moderator: Monica Nandwani
Panelists: HoChong Gilles, Sarah Enslin, Amy Stewart

4:15 p.m. Saturday Top 10 Countdown

Sunday, Aug. 30

Session 6

8:25 a.m. Course Welcome

8:30 a.m. Updates in Ulcerative Colitis
Angelina Collins

9 a.m. Updates in Crohn's Disease
Alexis Oonk

9:30 a.m. Peri-Operative IBD Management
Benjamin Cohen

10 a.m. Nutrition for IBD
Kelly Issokson

10:30 a.m. Break

10:50 a.m. Case Studies in IBD
Moderator: Alexis Oonk
Panelists: Angelina Collins, Benjamin Cohen, Kelly Issokson

11:35 a.m. Sunday Top 10 Countdown and Closing Remarks