

2026 Principles of GI for the NP and PA

Aug. 28-30, 2026

Chicago, IL

Friday Aug. 28

Session 1

- 8:25 a.m. Course Welcome
- 8:30 a.m. Beyond the Burn: Evolving Strategies for GERD Management
Monica Nandwani
- 9 a.m. Barrett's Esophagus and Eosinophilic Esophagitis
Daniela Jodorkovsky
- 9:30 a.m. Break
- 9:50 a.m. Esophageal Dysmotility & Basics of Esophageal Manometry
Yi Qin
- 10:20 a.m. Celiac Disease and Non-IBD Diarrheal Disorders
Tedra Gray
- 10:50 a.m. Functional Dyspepsia & Gastroparesis
Kyle Staller
- 11:20 a.m. Nutritional Approaches for FGIDs
Kelly Issokson
- Noon Lunch

Session 2

- 1:05 p.m. Chronic Constipation
Kyle Staller
- 1:35 p.m. Approach to Bloating
- 2:05 p.m. Approach to Abnormal Liver Enzymes
HoChong Gilles
- 2:35 p.m. Break
- 2:55 p.m. Selecting and Deciphering Imaging
Shawna Sullivan
- 3:25 p.m. Colon Cancer Screening

- 3:55 p.m. Psychological Therapies for the Gastroenterology Patient: Behavioral Health Approaches to GI Disorders
Sarah Kinsinger
- 4:25 p.m. Friday Top 10 Countdown

Saturday, Aug. 29

Session 3

- 8:25 a.m. Course Welcome
- 8:30 a.m. Weight Management & Endobariatrics
Roberto Simons-Linares
- 9 a.m. Identifying GI Side Effects from Non-GI Drugs
David Choi
- 9:30 a.m. MASLD
Allison Moser
- 10:10 a.m. Break

Session 4 - Saturday Breakouts

Breakout A

- 10:25 a.m. Cirrhosis Management
Allison Moser
- 11:05 a.m. Autoimmune Liver Disease
Alyson Fox
- 11:45 a.m. Liver Transplantation
Alyson Fox

Breakout B

- 10:25 a.m. Pancreatic Potpourri
Shawna Sullivan
- 11:05 a.m. AI for Risk Stratification and Early Detection of GI Cancers
Sarah Enslin
- 11:45 a.m. Interventional Procedures for the Non-Interventionalist
Roberto Simons-Linares
- 12:20 p.m. Lunch

Session 5

- 1:25 p.m. Anorectal Exam and Pathology
Amy Stewart
- 1:55 p.m. Peri-Procedure Management
Yi Qin
- 2:25 p.m. Medication Authorization Process
David Choi
- 2:55 p.m. Break
- 3:15 p.m. Leadership Pearls & Preventing Burnout
Moderator: Monica Nandwani
Panelists: HoChong Gilles, Sarah Enslin
- 4:15 p.m. Saturday Top 10 Countdown

Sunday, Aug. 30

Session 6

- 8:25 a.m. Course Welcome
- 8:30 a.m. Updates in Ulcerative Colitis
Angelina Collins
- 9 a.m. Updates in Crohn's Disease
Alexis Oonk
- 9:30 a.m. Peri-Operative IBD Management
Benjamin Cohen
- 10 a.m. Nutrition for IBD
Kelly Issokson
- 10:30 a.m. Break
- 10:50 a.m. Case Studies in IBD
Moderator: Alexis Oonk
Panelists: Angelina Collins, Benjamin Cohen, Kelly Issokson
- 11:35 a.m. Sunday Top 10 Countdown and Closing Remarks